

The ROYAL MARSDEN
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Equip your
nursing patrons
to face the
latest issues
in their field



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As a librarian, one of your most important roles is to ensure your patrons have access to the materials they need to succeed—and this is especially important when it comes to nurses and the resources they need to stay up to date in their field.

Nurses play a vital role in keeping the healthcare system running, not to mention they're on the front lines of taking care of patients. But nurses are only as good as their training, and with more and more new issues facing nurses today, it's more important than ever they have access to the resources that ensure they do their jobs to the best of their ability.

Staffing shortages

In 2019, the National Health Service (NHS) reported as many as 44,000 open jobs, but a nursing shortage is “forcing the NHS to rely on less qualified staff.”¹ Less qualified staff means more mistakes and more fatalities. But there are ways to get those staff members up to speed on the best nursing practices to help combat those errors. And that starts with you and your library collection.

*Adding **The Royal Marsden Manual of Clinical Nursing Procedures** to your resources gives nurses access to the most up-to-date policies, procedures, and resources that they need to be at the forefront of their field.*

With over two hundred detailed procedures, this comprehensive manual presents the evidence and underlying theory alongside full-colour illustrations and photographs. The manual is written **by nurses for nurses**, and all the included procedures are supported by up-to-date evidence, as well as detailed rationales. So not only is it

the perfect resource for nurses who are starting out, but it's also an invaluable resource for nurses going for revalidation.

Lack of budget

Between 2010 and 2020, NHS pay declined around 12%, meaning that not only have nurses' wages gone down, but that hospitals often have less money to buy resources for them.² Thus, nurses have less money to buy the materials they need to keep up to date on their training and procedures, and they turn more and more to libraries like yours to gain access to resources that can help ensure they do their job well and help them study for revalidation.

Thus, not only do the topics covered in *The Royal Marsden Manual of Clinical Nursing Procedures*—like infection prevention and control, perioperative care, wound management, nutrition, diagnostic testing, discharge, and medicines management—help nurses stay at the top of their field, but they also help them avoid some of the most common errors that nurses make, including medication errors and infection control. And when there are fewer errors, there are less likely to be costly lawsuits—which saves clinics and hospitals money.

Long working hours

Nurses already work long shifts, leaving little time and energy for studying new procedures and policies. “A study in the US by Stimpfel and colleagues published in 2013 found that nurses who worked shifts of 12 hours or longer were significantly more likely to report poor quality care and poor patient safety when compared to those working eight-hour shifts. Patients also reported lower satisfaction with care in hospitals where staff worked longer shifts.”^{3, 4}

The Royal Marsden Manual of Clinical Nursing Procedures is an all-in-one resource that contains everything nurses need to know in one comprehensive source so they can use it as their go-to resource.

It covers inpatient assessment to discharge care—and everything in between, like hand hygiene, pain assessment, fluid measurement, insulation procedures, making shared decisions, prevention of inoculation injury, tube feeding, life support procedures, and so much more. It’s the single resource your library needs for nurses to easily and quickly access the information they require to stay up to date in their field.

Violence against nurses

Nurses deal with patients in what can often be the most difficult moments of a patient’s life, and they can never be sure a patient won’t lash out at them for a variety of reasons. “In the latest available annual NHS staff survey, from 2018, 14.5% of staff said they had experienced physical violence from patients, their relatives, or the public.”^{5, 6}



Nurses face these struggles on a daily basis, but by studying how best to proceed when these situations arise, they can be better prepared to protect themselves and their patients. That’s why *The Royal Marsden Manual of Clinical Nursing Procedures* has an entire section on dealing with anger, aggression, and violence because a safe nurse is a nurse who can provide the best care for their patients.

Self-care issues

The newest edition of The Royal Marsden Manual of Clinical Nursing Procedures has a new chapter on personal health and self-care for nurses because if nurses don’t take care of themselves, they won’t be able to take care of their patients.

“Researchers have examined the negative consequences of burnout, which range from job dissatisfaction and anxiety to patient dissatisfaction with care, lower nurse-rated quality of care, and high risk of negative patient outcomes.”^{7, 8, 9, 10}

This new chapter includes information on mindfulness and healthy eating and drinking habits, as well as ways to deal with fatigue, stress, and mental health matters. It also outlines places and people to seek out when nurses need support.

Thus, by including *The Royal Marsden Manual of Clinical Nursing Procedures* in your collection, you're not only helping nurses to find ways to cope with their jobs and take care of themselves, but you're also helping ensure patients have healthy, focused nurses capable of caring for those in need.

You have the opportunity to supply your nursing patrons with the one-stop resource that is universally respected. You can change the way nurses approach their jobs by giving them access to the singular resource packed full of easy-to-navigate tips, tricks, and procedures they need to know to perform their jobs to the best of their abilities. Add the new 10th edition of *The Royal Marsden Manual of Clinical Nursing Procedures* to your collection today and help those on the front lines of healthcare provide the best possible care for their patients.

For more information on *The Royal Marsden Manual of Clinical Nursing Procedures* and how you can add it to your collection, visit royalmarsdenmanual.com.

Sources:

¹ Boyd, Connor, and Eleanor Hayward. "Nursing Shortage 'Is Forcing NHS to Rely on Less Qualified Staff' to Plug Gaps." *Daily Mail Online*, Associated Newspapers, 27 Nov. 2019, www.dailymail.co.uk/health/article-7731953/Nursing-shortage-forcing-NHS-rely-qualified-staff-plug-gaps.html.

² Buchan, James, et al. "In Short Supply: Pay Policy and Nurse Numbers." *Health.org*, Apr. 2017, www.health.org.uk/sites/default/files/Workforce%20pressure%20points%202017%20FINAL_0.pdf.

³ Ball J, Maben J, Murrells T, Day T, Griffiths P. 2014. '12-hour shifts: prevalence, views and impact'. National Nursing Research Unit, King's College London. <https://www.england.nhs.uk/6cs/wp-content/uploads/sites/25/2015/06/12-hour-shifts-report.pdf>.

⁴ Stimpfel A., Sloane D. & Aiken L. (2012). The longer the shifts for hospital nurses, the higher the levels of burnout and patient dissatisfaction. *Health Affairs*. 31 (11): 2501-2509.

⁵ Johnson, Sarah. "Violence in the NHS: Staff Face Routine Assault and Intimidation." *The Guardian*, Guardian News and Media, 4 Sept. 2019, www.theguardian.com/society/2019/sep/04/violence-nhs-staff-face-routine-assault-intimidation.

⁶ "2018 Results." *NHS Staff Surveys - 2018 Results*, www.nhsstaffsurveys.com/Page/1064/Latest-Results/2018-Results/.

⁷ Alexander, Gina K., et al. "Yoga for Self-Care and Burnout Prevention Among Nurses." *SAGE Journals*, 29 Sept. 2015, <https://journals.sagepub.com/doi/full/10.1177/2165079915596102>.

⁸ McHugh, M. D., Kutney-Lee, A., Cimiotti, J. P., Sloane, D. M., Aiken, L. H. (2011). Nurses' widespread job dissatisfaction, burnout, and frustration with health benefits signal problems for patient care. *Health Affairs* (Project Hope), 30: 202-210. doi:10.1377/hlthaff.2010.0100.

⁹ Poghosyan, L., Clarke, S. P., Finlayson, M., Aiken, L. H. (2010). Nurse burnout and quality of care: Cross-national investigation in six countries. *Research in Nursing & Health*, 33: 288-298. doi:10.1016/j.ijnurstu.2009.03.004.

¹⁰ Vahey, D. C., Aiken, L. H., Sloane, D. M., Clarke, S. P., Vargas, D. (2004). Nurse burnout and patient satisfaction. *Medical Care*, 42(2 Suppl.), II57-66. doi:10.1097/01.mlr.0000109126.50398.5a.

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